



Rock Climbing Instructor Assessment Paper

History

Who first climbed Cenotaph Corner? (1)

Name a single pitch crag in (6)

The Peak District

The Lakes

Dartmoor

North Wales

South Wales

Scotland

The South East

How did the modern nut come about? (1)

Which route (In theory) is more dangerous, Prayer Mat E1 4c (Blackchurch) or Cave Eliminate E2 6a (Stanage) (1)

What did James Person recently do for the first time until Dave McLeod came along? (1)

Group management

List the advantages of bottom roping (1)

List the advantages of top roping (1)

At which point in the group would you send the nervous abseiler? First, Middle or last (1)

Give three tips to improve basic climbing technique (1)

What is the maximum ratio you should work with outdoors? (1)

What is abseil stacking? (1)

When do you hand over belaying to a novice? (1)

What are your responsibilities when working with an assistant (1)

Safety

Name a hands free belay device (1)

What should a sling not be used for? (1)

What is the average Karabiner rated to in its long axis? In tonnes, KN, KG's (3)

What is fall factor? (1)

Equipment

What does HMS stand for? (1)

What advantages does a wire gate karabiner have over a solid gate? (1)

What is a manufacturer's recommended lifespan for a harness? (1)

Name three prussic knots (1)

What is the difference between a hitch and a Knot? (1)

Where is the strength in a sling and what is it called? (1)

Name three makes of SLCD (3)

General Knowledge

Where are Faith, Hope and Charity? (1)

Put these grades in order of difficulty, HVS, F4+, E3, F9a, HVD, F7a+ (1)

Name two Berghaus sponsored climbers (1)

What is/are CWI, IML, BMG, UIAA, AMI, BMC, CWDI, MTA, NICAS? (9)

Where is El Cap? (1)

Who wrote Storms of Silence, Dark Shadows Falling, This Game of Ghosts, and The Beckoning Silence? (1)

What information would a commercial wall require you to show before you bring a group to their wall? (1)

What is the remit of a Rock Climbing Instructor award holder? (1)

Total.....

50