



GarlandMountaineering



Climbing Wall Instructor Assessment Theory Questions

1. Name six local climbing walls

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2. Describe two different types of climbing ropes and their uses:

3. What do these rope symbols mean, and why are they important to a CWI holder?

A:



B:



C:



4. Who are the B.M.C. and what is their role

5. What is the climbing call protocol

6. Name four makes and models of belay devices

7. What is the difference between sport climbing and traditional climbing?

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8. Describe these common moves:

- smearing
- layback
- bridging
- a rock over

9. What is RIDDOR, and when would it apply to you?

10. Should you intervene if you see poor practice on a climbing wall?

11. What is AALS (formally AALA)?

12. If a climbing wall establishment says it is a member of the ABC, what does this mean?

13. Describe two ways of using/setting up ground anchors

14. What items of equipment could be different for groups comprising of children compared to adult groups?

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15. Before starting a bouldering session with a group, what briefing would you give them?

16. If you have a regular group of climbers and you want to take them to a different wall, where would you find details of other facilities?

17. Explain the why, what and how of warming up.

18. If you are setting up an abseil on a climbing wall; list five points that you would include in your briefing

19. What should you do if a hold rotates when your group is using it?

20. How many people can you supervise whilst instructing at a local climbing wall?

21. What is NICAS?

22. What is effective spotting?

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23. When Coaching what do LTAD and TTPP refer to?

23. What does the term floor walking mean?

24. What will a wall receptionist expect you to produce before group entry?

25. Describe your responsibilities when working with an assistant instructor.

