

## Lowland Leader Assessment Home Paper



1. What is AALS, and how might it affect you as a Lowland leader?
2. Name 5 common woodland birds and how to identify them?
3. Explain your understanding of the CROW Act (2000).
4. What is the John Muir Award?
5. Explain 3 ways in which we can promote conservation to groups?
6. How relevant is the GPS to the Lowland Leader?
7. List three types permissible paths and how are they identified on a map?
8. How would you make an emergency call, and what information would you provide?
9. What is the BMC RAD about?
10. Explain what affect the wind can have to the temperature of the body?
11. What is the remit of a Lowland Leader?
12. What is the MTA and what does it do for Leaders?
13. You are walking along a bridal path at the end of the day and there is a no entry sign. What do you do?
14. What is the Duke of Edinburgh award?
15. How large an area does a six figure grid reference indicate? And how many figures would a GPS give you?
16. Name four sources to obtain weather forecasts for the UK?
17. If you where lost, who would you contact for help and how?
18. How might a hill walker contract Lyme's disease?
19. What scale would you expect to use for walking maps in the UK?
20. What height distance is there between contour lines on a 1:50000 map?

Identify or explain the following

