

GarlandMountaineering

ML Home Paper



1. What is AALS, and how might it affect you as a mountain leader?
2. Name a British mountain bird that is known to change plumage colour with the season?
3. Explain your understanding of the CROW Act (2000).
4. What is the John Muir Award?
5. Explain 3 ways in which we can promote conservation in mountain areas?
6. How relevant is the GPS to the Mountain Leader?
7. List three types of rock and name an upland area in the UK where each rock type is found?
8. How would you make an emergency call out for Mountain Rescue, and what information would you provide?
9. What is the significance of Schiehallion to mapping in the UK?
10. The temperature in Fort William is 6°C on a clear dry day. What would you expect the temperature to be on the summit of Ben Nevis?
11. What is a Munro and how many are there?
12. What is the MTA and what does it do for Mountain Leaders?
13. You arrive at a wild camp, what advice would you give your group on sanitation and human waste disposal in the mountains?
14. What is the most common rock type found in North Wales?
15. How large an area does a six figure grid reference indicate? And how many figures would a GPS give you?
16. Name a website where you can find good mountain weather forecasts for the UK?
17. What is under the bridge at SH648605
18. How might a hill walker contract Lyme's disease?
19. What do you brief a group on arrival at a campsite regarding safety?
20. What height distance is there between contour lines on a 1:50000 map?

Identify or explain the following

